

Enjoy healthy & sustainable foods at these nearby dining spots

Wichcraft 868 Mission Street 415.593.3895
weekdays 8am-7pm; Sa & Su 10am-7pm
breakfast, soups, salads & sandwiches \$5 breakfast, \$9 lunch
WichCraftNyc.com **2** **18**

Farmer Brown 25 Mason Street 415.409.3276
daily 5pm-12am Southern American cuisine using local, organic ingredients
\$9 starters, \$15-20 entrée
FarmerBrownsF.com **3** **25**

Harvest & Rowe 55 2nd Street 415.541.7771
weekdays 7am-4pm salad & sandwich café with organic options \$8 lunch
HarvestAndRowe.com **5** **35**

Sellers Markets 595 Market Street 415.956.3825
M-F 7:30am-3pm breakfast, salads, sandwiches, pizza & dessert
\$7-12 sandwiches \$12 pizza
SellersMarkets.com **4** **36**

Whole Foods Market 399 4th Street 415.618.0066
daily 8am-9pm
prepared foods department with deli, hot & cold salad bar
WholeFoodsMarket.com/stores/soma **6** **40**

Bistro Burger 333 Bush Street 415.434.3754
weekdays 7:30am-3pm breakfast omelets, veggie, turkey & beef burgers,
grilled sandwiches \$4-9 breakfast, \$6-8 burgers
BistroBurger.net **6** **42**

Mixt Greens 120 Sansome Street 415.296.8009
weekdays 10:30am-3pm organic, seasonal salads \$8-12
MixtGreens.com **6** **50**

21st Amendment - 563 2nd Street 415-369-0900
daily 11:30am-10pm (9:30pm Su) Brewery & grill serving brunch, lunch,
pizza, dinner & dessert \$10 Starters, \$10-\$15 lunch \$10-25 Entrée
21st-Amendment.com **7** **69**

San Francisco Farmer's Market Market Street at 7th
800.949.3276 Sat 8:30am-4pm; Su & W 7am-5pm
Fresh, locally grown produce & specialty foods
Pcfma.com/MarketListC.php **8** **75**

or just a healthful stroll away...

One Market One Market Street 415.777.5577
weekdays 11:30am-2pm & 5:30pm-9pm; Sat 5:30pm-9pm
specializes in local, seasonal & organic meats & produce
\$10-15 Starters \$15-25 lunch \$20-30 Entrée
OneMarket.com **11** **85**

ACME Chophouse 24 Willie Mays Plaza 415.644.0240
Tu-F 11am-2:30pm & 5:30pm-10pm; Sa 5:30pm-10pm
Natural, local entrées with set menu option \$5-15 lunch (\$20 set)
\$10-15 Starters \$20-50 Entrée (\$35 set)
AcmeChophouse.com **11** **87**

Americano Restaurant and Bar 8 Mission Street 415.278.3777
weekdays 6:30am-2:30pm & 5:30pm-10pm, Sa 7:30am-11am &
5:30pm-11pm Modern Americana offering breakfast, brunch, lunch & dinner
\$10-15 breakfast \$10-20 lunch \$10-25 Entrée
AmericanoRestaurant.com **13** **89**

Coi 373 Broadway 415.393.9000
Tu-Sa 6pm-10pm Set 11 course meal that changes daily \$95-125
reservations required
CoiRestaurant.com **15** **95**

Ferry Building Marketplace 1 Ferry Building Plaza 415.693.0996
daily 10am-6pm, Su 11am-5pm Indoor & outdoor market offering specialty
shops, cafés & restaurants with sustainable seafood options
FerryBuildingMarketplace.com **14** **95**

The Slanted Door 1 Ferry Building #3 415.861.8032
M-Th 11am-2:30pm; 5:30pm-10pm; F-Sa 5:30pm-10:30pm
Modern Vietnamese specializing in ecologically farmed meat.
Set menu available \$10-35 Entrée (\$15 set)
SlantedDoor.com **13** **99**

Distance from SF Marriot (55 4th Street):  = blocks  = miles

For more health tips and free programs:

HealthyMonday.org

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Take the lead! Join the growing network of Healthy Monday campuses across the country!

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- ▶ Healthy Monday motivators and tips
- ▶ Meatless Monday dining options
- ▶ Monday Mile fitness challenges

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healthymonday.org/campus
meatlessmonday.com
eatersdigestnews.com

CONTACT US. info@healthymonday.org

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HealthyMonday.org



Healthy Monday is a project of Columbia University Mailman School of Public Health, Johns Hopkins Bloomberg School of Public Health and Syracuse University Newhouse School of Public Communications

Where the health can you eat around here?



great eating options
within walking distance
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Healthy Monday

The day all health breaks loose