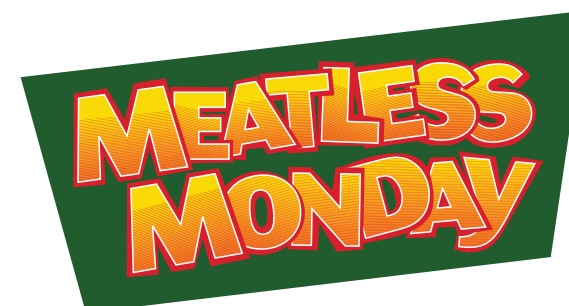




**You're not  
losing a burger,  
you're gaining  
a healthier  
way of life.**



One day a week, cut out meat.